

## Extension Institute on Human Development and Disability

## **Mental Health Resources**

**County: CAMDEN** 

Camden Behavioral Wellness 88 Lindsey Ln Unit C	Coastal Community Behavioral Health 5155 GA-40 East	St Mary's Psychiatry 4445 GA-40 #601
St Marys, GA 31558	St Marys, GA 31558	St Marys, GA 31558
(912) 825-8488	(912) 434-1794	ot marys, on o root
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Areté Health	Drug Detox St Marys	Family Matters Counseling
708 Osborne St #104	Lindsey Ln	88 Lindsey Ln Unit C
St Marys, GA 31558	St Marys, GA 31558	St Marys, GA 31558
(912) 882-7383	(912) 428-7653	(912) 825-8488
Martelli Associates	Reaching Milestones	Coastal Counseling Center
4019 GA-40 E	107 Industrial Dr Building E	205 Lake Shore Point
St Marys, GA 31558	St Marys, GA 31558	St Marys, GA 31558
(912) 673-6145	(912) 324-5012	(912) 439-3273
Hope for Shattered Hearts	Dr. Douglas Cooper	Balanced Living, LLC
708 Osborne St #104	605 Osborne St	100 Lake Shore Dr a
St Marys, GA 31558	St Marys, GA 31558	St Marys, GA 31558
(470) 270-9268 abide LLC	(912) 480-0208	(678) 640-5723
4499 GA-40 Suite A	Dr. Ruxandra M. Mares, MD 4445 GA-40 #601	Live Oak Counseling, LLC
St Marys, GA 31558 (912) 574-2935	St Marys, GA 31558	(904) 335-8323
Robert Holland	Laurie Fairall-Rueter	Hadas Maimon
202 Lake Shore Dr C	2060 Dan Proctor Dr	605 Osborne St
St Marys, GA 31558	St Marys, GA 31558	St Marys, GA 31558
ot marys, on oroot	(912) 882-3800	(912) 480-0208
Holland Robert E MD	Lighthorse Psychiatry, LLC	(012) 400 0200
1712 Osborne Rd suite a	102 Lake Shore Dr	
St Marys, GA 31558	St Marys, GA 31558	
(912) 882-5515	(912) 882-3800	
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## If you or someone else is experiencing a mental health crisis, call 988.

The mental health resources provided on this list are for informational purposes only and are not intended to replace professional advice or treatment. It is important to note that every individual's mental health needs are unique and may require a personalized approach. While we have made every effort to ensure the accuracy and quality of the information provided, we do not endorse or guarantee any of the organizations or services listed. We strongly encourage individuals to conduct their own research and seek professional guidance before utilizing any of the resources on this list.



Funding was made available through the Southern Ag Exchange Network (SAgE). The Southern Ag Exchange Network Is The Southern Region Effort Of The U.S. Department Of Agriculture's Farm And Ranch Stress Assistance Network (FRSAN), Which Is Made Up Of Four Regional Groups Charged With Addressing Heightened Stress And Elevated Suicide Rates In Rural Farming Communities.