

Extension Institute on Human Development and Disability

Mental Health Resources

County: GRADY

Heritage Foundation Inc 922 4th St SE 229-377-5010	

If you or someone else is experiencing a mental health crisis, call 988.

The mental health resources provided on this list are for informational purposes only and are not intended to replace professional advice or treatment. It is important to note that every individual's mental health needs are unique and may require a personalized approach. While we have made every effort to ensure the accuracy and quality of the information provided, we do not endorse or guarantee any of the organizations or services listed. We strongly encourage individuals to conduct their own research and seek professional guidance before utilizing any of the resources on this list.



Funding was made available through the Southern Ag Exchange Network (SAgE). The Southern Ag Exchange Network Is The Southern Region Effort Of The U.S. Department Of Agriculture's Farm And Ranch Stress Assistance Network (FRSAN), Which Is Made Up Of Four Regional Groups Charged With Addressing Heightened Stress And Elevated Suicide Rates In Rural Farming Communities.



Grady County

Community Health and Wellness Issue Work Group Directory

2012-2013



MEDICAL -Facilities

Archbold Medical Center – Grady General Hospital

LaDon Toole 1155 - 5th Street SE / Highway 93 S Cairo, GA 39828 ltoole@archbold.com 229 377-1150 www.archbold.org

Archbold Home Health Services

Ms. Cindy Clark - Administrator PO Box 620 / 400 Old Albany Road Thomasville, GA 31792 229-228-2200 229-227-1282 www.archbold.org

Archbold-Grady Specialty Clinic

1155 - 5th Street SE / Highway 93 S Cairo, GA 39828 229-377-2718 www.archbold.org

Archbold Medical Center – Grady

Crystal Ramm, Director of Nursing 1155 - 5th Street SE / Highway 93 S Cairo, GA 39828 cramm@archbold.com 229-377-1150 229-377-0252 www.archbold.org

Grady County Emergency Medical Services

Mr. William E. Rathel - Director 1700 North Broad Street Cairo, GA 39827 brathel@syrupcity.net ems@gradycountyga.gov 229-377-6413 229-377-3940

http://www.gradycountyga.gov/departments/ems.htm

Grady County Health Department

Ms. Peggy Connell - Director 1030 Fourth Street, SE Cairo, GA 39828 pwconnell@dhr.state.ga.us 229-377-2992 229-377-4544 http://rtn.darton.edu.phirn/

Grady County Health Department

Mrs. Katrinia Van Landingham - Vital Records 1030 Fourth Street, SE Cairo, GA 39828 229-377-2992 229-377-4544 http://rtn.darton.edu.phirn/

Grady County Mental Health Clinic

Christy Mayer 1641 N. Broad Street Cairo, GA 39828 229-377-7082 229-378-2599

Grady County Dialysis Facility

Merrill Hicks, Executive Director Katherine Stanfield, Director 1182 5th Street SE Cairo, GA 39828-3141 229-377-9606

MEDICAL/Therapeutic Providers

Doctors

Bari Abdul, MD Internal Medicine 618 5th Avenue NE Cairo, GA 39828 229-377-7090

Linda Walden, MD 91 Martin Luther King Ave SW Cairo, GA 39828 229-377-0908 Stephen Floore, MD 950 4th Street SE Cairo, GA 39828 229-377-7661

Joseph H. Berger, MD 940 4th Street SE Cairo, GA 39828 229-397-8282

Jennifer S. Lynes, D.O.

Grady General Hospital 1155 5th Street SE Cairo, GA 39828 229-377-1150

Grady Primary Care

Andrew Dekle, MD 195 Martin Luther King Blvd Cairo, GA 39828 229-377-2214

Pediatric Center, LLC

980 4th Street SE Cairo, GA 39828 229-377-8560

Quail Ridge Family Practice

Mark Hudson, DO 1 Doctor's Park Cairo, GA 39828 229-377-8110

Cairo Medical Care

Heather Higdon, PA-C 1178 5th Street SE Cairo, Georgia 39828 229-377-2002 229-377-0930 http://cairomedicalcare.com

Nicole Lee, FNP 1178 5th Street SE Cairo, Georgia 39828 229-377-2002 229-377-0930 http://cairomedicalcare.com Jonathan Lynch, MD 1178 5th Street SE Cairo, Georgia 39828 229-377-2002 229-377-0930 http://cairomedicalcare.com

Kendra Lynch, MD 1178 5th Street SE Cairo, Georgia 39828 229-377-2002 229-377-0930 http://cairomedicalcare.com

G. Ashley Register, MD 1178 5th Street SE Cairo, Georgia 39828 229-377-2002 229-377-0930 http://cairomedicalcare.com

Maple Grove General Surgery

Dr. Eric Lehman 475 Hansell Street SE Cairo, GA 39828 229-377-9025

Cairo Internal Medicine

James Hester, MD 1090 5th Street SE Cairo, GA 39828 229-377-1100

Paul Steinberg 1090 5th Street SE Cairo, GA 39828 229-377-1100

S. Jennifer Marshall, PA-C 1090 5th Street SE Cairo, GA 39828 229-377-1100

Jennifer Lynes, DO

South Georgia Surgical Associates - Cairo

Christina Parkhurst, D 1180 5th Street SE Cairo, GA 39828 229-378-1435

Cairo Eye Care

W. R. Spooner, OD 321 North Broad Street Cairo, GA 39828 229-377-5432

Clair McCaskill, OD 321 North Broad Street Cairo, GA 39828 229-377-5432

Dr. John Taylor

Dentists/Dentures

Dental Associates of Southwest Georgia

Thomas K. Leggett, Jr., DMD 718 North Broad Street Cairo, GA 39828 229-377-4204

Jeff Chen, DMD 718 North Broad Street Cairo, GA 39828 229-377-4204

Beachton Denture Clinic

William T. McFatter III. DDS 2515 US Highway 319 S Beachton, GA 39823 229-377-6588

Dentists

Lonnie R. Harrison, DMD 80 Alton Hall Road Cairo, GA 39828 229-377-1350

Grady Elmore, DMD 1490 North Broad Street Cairo, GA 39828 229 377-9118

Lumis Brown, DDS 240 South Broad Street Cairo, GA 39828 229-377-6125

Mya Greenberg, DMD 240 South Broad Street Cairo, GA 39828 229-377-6125

Chiropractic/Physical Therapy/Massage

Cairo Chiropractic Center

Glenn Robinson, DC 2807 Highway 84 E Cairo, GA 39828 229-377-9064 robinson@rose.net

Cairo Physical Therapy

Tyler Lee, PT 151 Martin Luther King Ave SW Cairo, GA 39828 229-377-0882

Massage Therapy & Wellness Center

Lynn Schultz 425 4th Avenue SE Cairo, GA 39828 229-377-9428

South Georgia Spine & Joint Center

Mike Waldrop, DC 26 3rd Ave NW Cairo, GA 39828 229-377-1392

Heather Waldrop, DC 26 3rd Ave NW Cairo, GA 39828 229-377-1392

James Cassanova, 26 3rd Ave NW Cairo, GA 39828 229-377-1392

Audiology-Hearing Aids

Wards Hearing Aids

Optometrists

Cairo Eye Care

W. R. Spooner, OD 321 North Broad Street Cairo, GA 39828 229-377-5432

Clair McCaskill, OD 321 North Broad Street Cairo, GA 39828 229-377-5432

Pharmacists/Medication Assistance Programs

Center Drugs

Drew & Shanda Pyrz Connie Butler 133 2nd Ave SE Cairo, GA 39828 229-377-2777

Cox Pharmacy

Jett Cox & Clay Cooper 300 2nd Street SE Cairo, GA 39828 229-377-9017

Harvey's Pharmacy

1000 1st Avenue NE Cairo, GA 39828 229-377-3688 www.Harveys-Supermarkets.com

Wal-Mart Pharmacy

361 8th Ave NE Cairo, GA 39828 229-377-1451 www.walmart.com

Walgreen's Pharmacy

Sandra J. & Casey B. 501 US Highway 84 East Cairo, GA 39828 229-377-5510 www.Walgreens.com

Rite-Aid Pharmacy

Crystal Cook 496 Highway 84 East Cairo, GA 39828 229-377-7644 www.riteaid.com

U-Save-It Pharmacy

Bill Elkins 445 9th Ave NE Cairo, GA 39828 229-377-4304

Spring Creek Health Cooperative

Sheila P. Freeman, Executive Director 304 West Pine Street PO BOX 357 Colquitt, GA 39837 sfreeman@springcreekhealth.com/ 229-758-8222 229-726-0089 cell www.springcreekhealth.com/

AGENCIES W/ HEALTH AND/OR WELLNESS PROGRAMS

Al-Anon

Mrs. Madine Cofer - Contact Person 2849 Highway 93 S Cairo, GA 39828 229-377-2834

Alcoholic Anonymous AA

Mr. Curtis Cofer & Jeff Voyles - Contact Persons 2849 Highway 93 S. Cairo, GA 39828 229 377-2834 Jeff Voyles 229 377-3751

Alzheimer's Disease and Related Disorders SW GA Regional Office

1512-1 Gillionville Road Albany, GA 31707 229-888-7676

American Diabetes Association

Ms. Virginia J. Pillsbury - Coordinator 8384 Baymeadows Road, Suite 10 Jacksonville, FL 32256 800-342-2383 www.diabetes.org 800-DIABETES

American Cancer Society -- Grady County

Mrs. Amy Mercer - Community Mgr. of Grady Co. 323 Pine Avenue Suite 100 Albany, GA 31701 229-446-1073 800-227-2345 www.cancer.org

American Foundation for the Blind (Information, Referrals, Pamphlets)

afbinfo@afb.net literacy@afb.net 404-525-2303 800-232-5463 www.afb.org

American Heart Association Southeast Georgia

3338-L Country Club Road PMB 305 Valdosta, GA 31605 888-988-0054 800-242-8721 www.americanheart.org

American Lung Association Georgia

Ms. Pam Adams - Regional Director PO Box 730 Leesburg, GA 31763 padams@lungga.org 229-435-3626 www.lungga.org www.lungusa.org

American Red Cross Grady General Hospital Volunteers

Cairo, GA 39828 229-377-1150 www.redcross.org

American Red Cross

115 E. Washington Street Thomasville, GA 31792 229-226-2181 www.redcross.org

American Red Cross

South Georgia Chapter 527 N. Patterson Street Valdosta, GA 229-242-7404 www.redcross.org

Adult Protective Services, DFACS

Mrs. Karolyn Daniels - Supervisor 250 Second Avenue, SE Cairo, GA 39828 229-377-3154

Archbold Hospital Volunteers Auxiliary

Mrs. Sandy Maxwell PO Box 360 1155 Fifth Street, SE Cairo, GA 39828 229-377-0234

Arthritis Foundation, Georgia Chapter

Ms. Shari K. Alexander - Operations Coordinator 2970 Peachtree St., Suite 200 Atlanta, GA 30305 salexander@arthritis.org 404-237-8771 ext. 235 800-933-7023 www.arthritis.org

Association for Retarded Citizens

Ms. Helen Morrell - Contact Person 1651 N. Broad Street Suite A Cairo, GA 39828 229-377-7998

Cairo Housing Authority

John Marra PO BOX 478 224 6th Avenue NE Cairo, GA 39828 229-377-2065

Child Abuse Council, Grady County Child Protective Service, DFACS

Ms. Constance Robinson - Supervisor PO Box 269 250 2nd Ave. SE Cairo, GA 39828 229-377-3154 229-378-2561 www.dfcs.dhr.georgia.gov

Child Development Center, Decatur and Grady County

PO Box 60 215 School Road Climax, GA 39834 229-246-6458

Community Services for Mental Retardation Thomas-Grady Service Center

Mr. Tony Gelabert - Director 106 Plantation Oak Dr. Thomasville, GA 31792 tgelabert@swgaboh.org Grady Annex:

184 21st St. NE Cairo, GA 39828 229-225-4065 229-225-5027

Georgia DFACS

Mr. John White PO Box 269 250 2nd Ave. SE Cairo, GA 39828 229-377-3154 229-378-2561 www.dfcs.dhr.georgia.gov

Georgia Pines

Community Mental Health Development al Disabilities and Addiction Services

Robert Jones, Director 1102 Smith Avenue, Suite K Thomasville, GA 31792-1659 229-225-4370

Grady County Child Abuse Prevention Council

Fran Bishop, Chair f.bishop@grady.k12.ga.us 229-221-1300

Grady County Children and Youth Coordinating Council D/B/A Grady County Family Connection

Nola Daughtry, Executive Director P.O. Box 449 Cairo, GA 39828 Nola.daughtry@windstream.net 229-378-7272

Grady County 4-H

Mr. Deron Rehberg - Contact 65 11th Ave. N.E. Cairo, GA 39828 drehberg@uga.edu 229-377-1312 229-377-9026 www.georgia4h.org

Grady County Extension Agent

Mr. Don Clark - County Agent 65 Eleventh Avenue, NE Cairo, GA 39828 donclark@uga.edu 229-377-1312 www.ces.uga.edu

Grady County Emergency Medical Services

Mr. William E. Rathel - Director 1700 North Broad Street Cairo, GA 39827 <u>brathel@syrupcity.net</u> 229-377-6413

Grady County Mental Health Center/Clinic (Day Treatment)

1641 North Broad Street Cairo, GA 39828 229-377-7082 Christine Mayers

Help Agency, Inc.

Ms. Cindy Johnson PO Box 1452 1651 N. Broad Street Cairo, GA 39828 snakeyes@windstream.net 229-377-270

Homeless-Non Violence Support Group (Domestic Abuse)

Noni Hunter <u>n.hunter@grady.k12.ga.us</u> 229-378-1110 229-977-1808

Hospital Authority

1605 Magnolia Drive NE Cairo, GA 39828 229-377-0251

Kids Against Hunger - Cairo

Mr. & Mrs. Mel & Anne Horne - Co-Directors PO Box 188 / 140 1st Ave NE Cairo, GA 39828 melhorne@hotmail.com 229-377-0968 229-377-0965 www.kidsagainsthunger.org

Medicaid

Georgia Dept. of Human Services

Right From the Start Medicaid Program
Gina Miller
glmiller@dhs.ga.state.us
229 377-5537
http://dfcs.dhs.georgia.gov/right-start-medicaid-program

Neighborhood Service Center Southwest Georgia Community Action Council, Inc.

Mrs. Carolyn Butler - Manager PO Box 264 230 4th Avenue, NE Cairo, GA 39828 229-377-3213

Programs for Housing Authority Residents including crisis intervention, emergency assistance

Roddenberry Memorial Library--C.A.R.E. Center Cancer Awareness Resource Environment

Mrs. Cathy Rieger - Supervisor 320 North Broad Street Cairo, GA 39828 rml@rmlibrary.org 229-377-3632 229-377-7204 www.carectr.org

Salvation Army

Stan Robison
PO Box 66 / 514 Madison Street
Thomasville, GA 31799
229-226-3772
Stan Robison@uss.salvationarmy.org

Sanitary Engineer and Rabies Control

Environmentalist 421 Livestock Pavilion Road Cairo, GA 39828 229 377-3070

Southeastern Community Blood Center

Mrs. Joye Sandefur 2705 E. Pinetree Suite D Thomasville, GA 31792 229-228-9980 http://www.scbcinfo.org/

United Way for Grady County

Andrea Maxwell Bentley, Executive Director PO Box 583 135 2nd Avenue S.E. Cairo, GA 39828

> <u>Home</u> 1721 Sterling Cir Cairo, GA 39828-4501 229-377-1784 229-377-4357 229-377-4357

CLUBS/ ORGANIZATIONS--HEALTH & WELLNESS PROGAMS

Boy Scouts of America, Suwannee River Area

Mr. Joey D'Douza – Thunderbolt Director Thomasville Road Tallahassee, Florida 32308 850-576-4146 850-575-6991 ext. 2032 888-272-4269 www.suwanneeriver.net

Boys and Girls Club, Grady County

Mr. Jeff Brown - Director 101 6th Street, SW Cairo, GA 39828 229-378-3099 229-378-3089 www.mnw-bgc.org

Boys to Men of Grady County

Mr. Bruce Lowe – President P.O. Box 396 Cairo, GA 39828 229-977-3127

Girl Scouts of Historic Georgia

Lizella, GA 31052-1710

gshg@gshg.org

478-935-2221

800-448-4762

www.gshg.org

http://facebook.com/89606809766

http://twitter.com/gagirlscouts

EDUCATION- GRADY COUNTY SCHOOLS

122 North Broad Street Cairo, GA 39828 229-377-3701 http://www.grady.k12.ga.us/

Nutrition & Fitness

Rhonda Keve 229-377-2513

r.keve@grady.k12.ga.us

http://www.schoolnutritionandfitness.com/index.php?sid=0808121626083126

School Nurses

Phys. Ed Teachers

Audiologists

CHS CTAE Program

Therapeutic Services-Nursing Pathway Kathy Prince, Teacher K.Prince@grady.k12.ga.us

CHS CTAE Program

FCS-Nutrition & Food Science Tracy Kelshaw, Teacher T.Kelshaw@grady.k12.ga.us

Grady County Pre-K Program

Tracy Walker PO BOX 300 555 3rd Street, SE Cairo, GA 39828 229-377-8899

http://www.grady.k12.ga.us/?DivisionID=2173&ToggleSideNav=ShowAll

Social Services

Ms. Noni Hunter – Director of Social Services 229-378-1110 http://www.grady.k12.ga.us/?DivisionID=2165&ToggleSideNav=ShowAll

Special Education

Mrs. Natalie Zajac - Director 555 Third Street SE Cairo, GA 39828 nzajacgrady.k12.ga.us 229-377-7396 229-377-4198 www.gradycounty.schoolinsites.com

EDUCATION--PRE-K PROVIDERS

Carpenter's Kidz Shoppe Preschool

1400 South Broad Street Cairo, GA 39828 229-377-9742

Children's Corner Pre-School

500 South Broad Street Cairo, GA 39828 229-377-8029 Computer vmail

Decatur/Grady Head Start

215 School Rd Climax, GA 39834 229-246-6458

Learning Adventures Preschool Academy

1216 20th Street NE Cairo, GA 39828 229-377-2020

Parramore Preschool Academy

Ms. Angelia Myles - Director 1293 Second Avenue SW Cairo, GA 39828 229-377-9776 Ring once

Tender Hearts Pre-School

326 2nd Street NW Cairo, GA 39828 229-377-1755

TECHNICAL COLLEGES/UNIVERSITIES

Southwest Georgia Technical College Grady County Family Learning Center

Ms. Susie Butter - GED / Adult Education 1550 US Highway 84 West Cairo, GA 39828 sbulter@southwestgatech.edu 229-378-2901 www.southwestgatech.edu

Spanish/English Language Instruction Grady County Family Learning Center

Mrs. Pat Orr - Instructor 1651 North Broad Street Cairo, GA 39828 229-377-5448 229-377-3137

FAMILY PLANNING/ EXPECTING MOTHERS

First Steps

Mrs. Linda Gwaltney - Coordinator 1827 Oakdale Road S.E. Cairo, GA 39828

1gwaltney@windstream.net 229-377-3000

The Pregnancy Center of SW Georgia

Jennifer Godwin, Center Director 930 4th Street, SE Cairo, GA 39828

Jennifer.tpc@rose.net
Sandytpc@rose.net
229-397-1350
229-397-0352 f.
www.the-pregnancy-center.com

HEALTH/FITNESS/RECREATION PROGRAMS

Cairo Fitness Center

Jamie Anderson - Owner/Manager 171 Martin Luther King, Blvd Cairo, GA 39828 229-377-9057 www.cairofitness.com

Fitness Life

Derek & Rima Murphy 311 8th Avenue NE Cairo, GA 39828 Fitnesslife61@yahoo.com 229-397-5433

Hot Spot Tanning & Fitness

429 2nd Ave SE # A Cairo, GA 39828 229-377-7913

Gymnastics and Cheer Academy of Cairo

Mrs. Kim Powell - Instructor 328 Third Avenue, SE Cairo, GA 39828

CGCAC01@gmail.com
229-726-4823

229-377-1226

I Can of Cairo, LLC

Martial Arts 123 South Broad Street Cairo, GA 39828 229-377-9073

Legacy Twirling Academy

Mrs. Nola Daughtry-Twirling Coach Mrs. Sunny Collier-Twirling Coach 115 South Broad Street Cairo, GA 39828 www.legacylta@windstream.net 229-377-6544

Off Broad Street Dance Centre

Ms. Dana Willis 214 Second Avenue, SE Cairo, GA 39828 mulletdance1@hotmail.com 229-377-2800 229-221-2088 www.offbroadstreetcda.com

Recreation Department, Grady County

Mrs. Becky Bracewell - Director 800 North Broad St. Cairo, GA 39828 recreation@gradycountyga.gov 229-377-8221 229-377-0381 www.gradycountyga.gov

Skate Towne of Cairo

21 201th Street NE Cairo, GA 39828 229-377-1004

South Georgia Ballet Conservatory

Ms. Alison Bundrick – Owner, Instructor
Ms. Laura Green – Asst to the Directors, sgbconservatory@gmail.com
2014 MacIvor Drive
Cairo, GA 39828
arts@syrupcity.net
www.southgeorgiaballetconservatory.com

229-378-2787

Special Olympics

Mrs. Marilyn Wisehart - Contact Person 1277 MLK Jr. Blvd. Cairo, GA 39828 m.wisehart@grady.k12.ga.us 229-377-2106 229-377-7779

Weight Watchers

Joyce Ferrell, Vice President 826 1st Street S.W. Cairo, GA 39828 229-377-3699 Meets at Word of Life Christian Church

Cairo Country Club

George Ball, Manager 1701 US Highway 84 West Cairo, GA 39828 229-377-4506 Cairogolfgm@gmail.com

Valley Pines Golf Club

3000 US Highway 84 East Cairo, GA 39828 229-377-2000

Alzheimer's Disease and Related Disorders S.W.Ga. Regional Office

1512-1 Gillionville Road Albany, GA 31707 229-888-7676 229-888-2620

American Diabetes Association

Ms. Virginia J. Pillsbury - Coordinator 8384 Baymeadows Road, Suite 10 Jacksonville, FL 32256 800-342-2383 800-DIABETES toll-free 904-730-7933 www.diabetes.org

American Foundation for the Blind Information, Referrals, Pamphlets

afbinfo@afb.net 800-232-5463 404-525-2303 Atlanta literacy@afb.net www.afb.org

American Heart Association, Southeast Georgia

3338-L Country Club Road PMB 305 Valdosta, GA 31605 888-988-0054 800-242-8721 850-942-2803 www.americanheart.org

American Lung Association Georgia

Ms. Pam Adams - Regional Director PO Box 730 Leesburg, GA 31763 padams@lungga.org 229-435-3626 229-435-1630 www.lungga.org www.lungusa.org

American Lung Association Help Line

Mr. Charles White - Area Director 2452 Spring Road Smyrna, GA 30080 mail@alaga.org 800-548-8252 800-586-4872 770-319-0349 www.alase.org

Arthritis Foundation, Georgia Chapter

Ms. Shari K. Alexander - Operations Coordinator 2970 Peachtree St., Suite 200 Atlanta, GA 30305 salexander@arthritis.org 800-933-7023

404-237-8771 ext. 235 404-237-8153

www.arthritis.org

Cancer Information, AMC

6401 W. Colfax Denver, CO 80214 800-525-3777 800-422-6237 www.cancer.org

American Cancer Society, Grady County

Kayna McGheer - Community Mgr. of Grady Co. South Atlantic Division 323 Pine Avenue Suite 100 Albany, GA 31701 229-446-1073 OR 417-693-1921 800 ACS-2345 or 800-227-2345 229-446-7709 www.cancer.org

Easter Seals

Ms. Beth English - Executive Director 1906 Palmyra Road Albany, GA 31701 benglish@swga-easterseals.org 229-889-9647 229-435-6278

Georgia Pines Community MHDDAD Services

Mr. Robert Jones - Director 1102 Smith Avenue, Suite K Thomasville, GA 31792-1659 229-225-4370 229-225-4374 Serving Colquitt, Decatur, Grady, Mitchell, Seminole, and Thomas County

Lifelink of Georgia

Kelly Lowe 2875 Northwoods Parkway Norcross, GA 30071 Kelly.lowe@lifelinkfound.org 770-225-5465 800-544-6667 www.lifelinkfound.org

United Network for Organ Sharing

Mr. Walter K. Graham PO Box 13770 / 700 N. 4th Street Richmond, VA 23219 804-782-4876 804-782-4994 www.unos.org

Poison Control Center, Georgia Regional Poison

Atlanta - Hughes Spalding Hospital_ 80 Jesse Hill Jr. Drive S.E. Atlanta, GA 30303 800-222-1222

Southeastern Community Blood Center

Mrs. Joye Sandefur - Contact 2705 E. Pinetree Suite D Thomasville, GA 31792 229-228-9980 229-228-9993 www.scbcinfo.org

Stroke Coalition of Southwest Georgia

PUBLIC TRANSPORTATION

Grady County Transit

Ms. Mary Toliver - Contact Person 905 E. Shotwell Street Bainbridge, GA 39817 229-377-6797 877-247-0914 Valdosta Provides transportation to Dr. visits for families on Medicaid

Veteran's Express Bus

Mr. Ben Celaya - President

1484 15th Avenue, NW Cairo, GA 39828 229 377-3135

SENIOR ADULT/ ELDERLY CARE

Senior Center, Grady County

Ms. Patsy Stewart - Site Manager PO Box 954 / 33 17th Ave, NW Cairo, GA 39828 229-377-9440 Programs, Lunches, Meals on Wheels for 60+ adults

Magnolia Place of Cairo

Ms. Ellen Cox- Administrator 1710 South Broad Street Cairo, GA 39828 magnoliaplace@syrupcity.net 229-377-6811

Pinewood Nursing Center

Mr. Chris Loga- Administrator 433 McGriff Street Whigham, GA 39897 229-762-4121 http://newbeginningscare.com/

OTHER CLUBS/ ORGANIZATIONS--HEALTH & WELLNESS PROGAMS

Jackie Robinson Cairo Memorial Institute, Inc.

Dr. Linda Walden - President PO Box 90 Cairo, GA 39828 drlwal@msn.com 229-377-9465

Tama Tribal Town Lower Muskogee Creek Tribe

Ms. Marian Vonnie McCormick - Chief 107 Long Pine Drive Whigham, GA 39897 www.lowermuscogeetribe.com 229-762-3165

Insurance Companies-Health

Cairo Insurance Brokers

Southern Harvest

Faith-BasedJohnny Moore
Faith Worship Center

Rev. Burch

Andrea M Bentley – Also 2011-12 Teacher of the Year 229 377-1784 1721 Sterling Cir Cairo, GA 39828-4501

GRADY **COUNTY**

GRADY COUNTY BOARD OF EDUCATION JOBS WITH DIGNITY

122 N. Broad Street Cairo, GA 39828

Phone: (229) 377-3701 / (229) 377-8441

PURPOSE:

The program is a model designed to recruit, train, and place low-income elderly residents in permanent unsubsidized jobs.

SERVICES:

Training will be provided to equip the participant or caregiver to serve as assistants in latchkey programs, summer enrichment programs, and other school activities such as teacher's aides.

ELIGIBILITY:

Income eligible

HOURS OF SERVICE:

8:00 a.m. - 5:00 p.m., Monday - Friday

APPLICATION PROCEDURE:

65 years of age or older

FEES:

None

SOURCE OF FUNDS:

JTPA funded

Service No Longer provided by this office it is handled out of the Albany Office.

GRADY COUNTY SENIOR CENTER

33 17TH Avenue N.W. Cairo, GA 39828 Phone: (229) 377-9440

PURPOSE:

To provide at least one balanced meal a day and to be an advocate to the senior citizen in any way, which will enhance their lives and extend independence.

SERVICES:

One meal per day, transportation to and from center and various other places, homebound meal delivery on a daily basis, weekly exercise program, monthly blood pressure screening, commodities provided quarterly.

ELIGIBILITY:

Must be age 60 or above

HOURS OF SERVICE:

9:00 a.m. 3:00 p.m.. Monday -Friday

FEES:

Donations for lunches

SOURCE OF FUNDS:

Federally funded, match 15%

GRADY COUNTY RECREATION DEPARTMENT

P. O. Box 9 250 N. Broad Street Cairo, GA 39828 Phone: (229) 377-8221

PURPOSE:

To promote recreation for all ages

SERVICES:

Softball, Baseball, Football, Soccer, Arts and Crafts, Basketball, Majorette Clinic, Cheerleader Clinic, T-Ball

ELIGIBILITY:

Anyone

HOURS OF SERVICE:

8:00 a.m. - 5:00 p.m., Monday - Friday

APPLICATION PROCEDURE:

Come by the recreation office, fill out registration form and pay fee

FEES:

Basic fee of \$5.00 to \$10.00 for each sport participated in

SOURCE OF FUNDS:

City

GRADY COUNTY NEIGHBORHOOD SERVICE CENTER SOUTHWEST GEORGIA COMMUNITY ACTION COUNCIL, INC.

P. O. Box 264 230 4th Avenue N.E. Cairo, GA 39828

Phone: (229) 377-3213

PURPOSE:

To provide crisis intervention and self sufficiency services for infants, children and adults regardless of race, color, creed, or disabling condition.

SERVICES:

To provide assistance in paying utility bills, grocery purchasing, summer camp, providing clothing, commodity distribution, senior nutrition, transportation, outreach and referral.

ELIGIBILITY:

Based on individual requirements of each program.

HOURS OF SERVICE:

8:00 a.m. - 5:00 p.m., Monday - Friday

APPLICATION PROCEDURE:

Need to complete family survey and bring proof of income

FEES:

None

SOURCE OF FUNDS:

Federal, State, and Local

GRADY GENERAL HOSPITAL

P. O. Box 360 1155 5th Street S.E. Cairo, GA 39828 Phone: (229) 377-1150

PURPOSE:

To provide hospital care

SERVICES:

Support Services, Outpatient and Inpatient Surgery, Rehabilitation Services, Women's Services, Complete Diagnostic Capabilities, Critical Care.

ELIGIBILITY:

Public facility with no special requirements to receive service

HOURS OF SERVICE:

24 hours a day, 7 days a week except nutritional and diabetic teaching which are available by appointment.

APPLICATION PROCEDURE:

None

FEES:

Varies with services rendered

SOURCE OF FUNDS:

Non-profit organization

UNIVERSITY OF GEORGIA GRADY COUNTY COOPERATIVE EXTENSION SERVICE

65 11TH Avenue N.E. Cairo, GA 39828 Phone: (229) 377-1312

PURPOSE:

To serve the people with educational needs. Expanded food and nutrition programs. A program for low-income persons to help educate them toward good nutrition. Other educational services.

SERVICES:

Education programs for farmers and homemakers, diet and nutrition information, canning and freezing demonstrations, livestock and crop information, soil samples and soil conservation methods, 4-H club for youth.

EIGIBILITY:

For the EFNEP Program, low-income persons. For all the other educational services, all persons are eligible.

HOURS OF SERVICE:

8:00 a.m. – 12:00 noon and 1:00 p.m. – 5:00 p.m., Monday - Friday

APPLICATION PROCEDURE:

Call office or stop by

FEES:

None

SOURCE OF FUNDS:

Federal, State, and County

HOUSING AUTHORITY OF THE CITY OF CAIRO

224 6th Ave N.E. Cairo, GA 39828 Phone: (229) 377-2065

PURPOSE:

Provide housing for elderly, poor, and disabled.

SERVICES:

Serves as rental agent for federal housing program, processes applications and collects rent payments, and maintains properties.

ELIGIBILITY:

Based on family status and income

HOURS OF SERVICE:

7:30 a.m. – 4:30 p.m., Monday – Thursday, 7:30 a.m. – 11:30 a.m. Friday

APPLICATION PROCEDURE:

Obtain questionnaire from office

FEES:

None

SOURCE OF FUNDS:

Self-supporting

RODDENBERRY MEMORIAL LIBRARY

320 N. Broad Street Cairo, GA 39828 Phone: (229) 377-3632

PURPOSE:

Provide educational and recreational materials, programs, and services to the community.

SERVICES:

Circulate materials, reference services, adult and children's program, AV equipment, meeting room, copy and fax machines.

ELIGIBILITY:

Grady County residents, fees for certain services for out-of-county use.

HOURS OF SERVICE:

10:00 a.m. – 7:00 p.m., Monday, Tuesday, Thursday

10:00 a.m. − 6:00 p.m. Wednesday

10:00 a.m. - 4:00 p.m., Friday

Closed Saturday and Sunday

APPLICATION PROCEDURE:

At main desk with identification

FEES:

Depends on service, no charge for basic services

SOURCE OF FUNDS:

State, City, County, Board of Education, Friends Organization, Endowment Fund, and Donations

GRADY COUNTY DEPARTMENT OF FAMILY AND CHILDREN SERVICES

250 2nd Street S.E. Cairo, GA 39828 Phone: (229) 377-3154

PURPOSE:

To enable families and individuals to provide care, protection and experiences essential to their well being by assisting with financial assistance and social services for residents of Grady County.

SERVICES:

Financial assistance including TANF, Food Stamps, Medicaid, and Nursing Home Vendor payments. Social Services in areas of general services, protective services for children and adults, adopting, foster-care, child welfare, information and referral services, employability and energy assistance program.

ELIGIBILITY:

Financial criteria based on individual requirements for program. Protective Services without regard to income or resources.

HOURS OF SERVICE:

8:00 a.m. – 5:00 p.m., Monday – Friday

APPLICATION PROCEDURE:

Personal interview – must complete application and verification for financial assistance.

FEES:

None

SOURCE OF FUNDS:

Federal, State, and County

AMERICAN RED CROSS – GRADY COUNTY CHAPTER

115 E. Washington Street Thomasville, GA 31792 Phone: (229) 226-2181

PURPOSE:

To improve the quality of human life, to enhance self reliance and concern for others, and to help people avoid, prepare, and cope with emergencies.

SERVICES:

To provide immediate housing and food in case of disaster, service to military families, help to individuals who suffer single family fires, assist with bloodmobiles, education services including first aid and CPR training, and health concerns such as AIDS.

ELIGIBILITY:

No specific requirements – if you are in need of services provided by Red Cross.

HOURS OF SERVICE:

9:00 a.m. – 5:00 p.m., Monday – Friday. Cairo is served by Thomas County Office. (229) 226-2181

APPLICATION PROCEDURE:

Call and ask for help or write to above address

FEES:

We charge for workbooks for First Aid Classes

SOURCE OF FUNDS:

United Way of Thomas County – Donations If disaster is major the State and Federal Red Cross send funds

CAIRO-GRADY COUNTY CHAMBER OF COMMERCE

P. O. Box 387 961 N. Broad Street Cairo, GA 39828 Phone: (229) 377-3663

PURPOSE:

Data Center for Location Information, Collection, and Distribution, Improve Business Climate, Business Consumer Ethics

SERVICES:

Front door to community, answer inquiries from out of town people and businesses wanting to move into area, help publicize new businesses, send business reports to interested parties, population – cost of living index each quarter. Help with minor problems between consumers and merchants. Give out maps, rental listings, etc. to interested parties.

ELIGIBILITY:

None

HOURS OF SERVICE:

8:30 a.m. – 5:00 p.m., Monday - Friday

APPLICATION PROCEDURE:

None

FEES:

Membership

SOURCE OF FUNDS:

Membership Fees, Fund Raisers

GRADY COUNTY HELP AGENCIES, INC.

P. O. Box 583 1651 N. Broad Street Cairo, GA 39828

Phone: (229) 377-2709 Fax: (229) 377-0319

PURPOSE:

To assist those in need.

SERVICES:

Help with food and clothing, medicine, and doctor expenses and some assistance with utility and rent when funds are available.

ELIGIBILITY:

Based on need.

HOURS OF SERVICE:

9:00 a.m. – 12:30 p.m., Tuesday & Wednesday

APPLICATION PROCEDURE:

Contact office

FEES:

None

SOURCE OF FUNDS:

Local and Federal

GRADY COUNTY HEALTH DEPARTMENT

1030 Fourth Street S.E. Cairo, GA 39828 Phone: (229) 377-2992

PURPOSE:

To provide community health care for area citizens.

SERVICES:

Immunization Clinic, EPSDT Screening, Prenatal Clinic, Family Planning Clinic, VD Clinic, Vision and Hearing Screening, Diabetic and Hypertension Clinic, HIV Testing, and Counseling

HOURS OF SERVICE:

8:00 a.m. - 5:00 p.m., Monday - Friday

APPLICATION PROCEDURE:

None

FEES:

Some based on family income, others have set amounts (very nominal)

SOURCE OF FUNDS:

State, County, and some Federal

SPRING CREEK HEALTH COOPERATIVE

Main Office: 3 South Jefferson Avenue Blakely, GA 39823 Grady County Phone: (229) 723-6061

GRADY COUNTY SCHOOL PRE-KINDERGARTEN PROGRAM

P. O. Box 300 555 3rd Street S.E. Cairo, GA 39828 Phone: (229) 377-8899

PURPOSE:

For Georgia's children to start school healthy and ready to learn.

SERVICES:

Pre-K's Family Service Coordinators address the well being of Pre-K children and families. Services are rendered by linking and referring families to appropriate agencies and resources.

ELIGIBILITY:

Any 4-year-old child whose birthday is on or before September 1st

HOURS OF SERVICE:

8:00 a.m. – 3:00 p.m., during regular school calendar days

APPLICATION PROCEDURE:

Registration is held in the spring. Parents are asked to come to a site with a copy of their child's birth certificate, social security card, and shot record.

FEES:

N/A

SOURCE OF FUNDS:

Georgia State Lottery

SOUTHWEST GEORGIA TECHNICAL COLLEGE GRADY COUNTY FAMILY LEARNING CENTER

1651 N. Broad Street Cairo, GA 39828

Phone: (229) 377-5448 Fax: (229) 377-3137

PURPOSE:

Adult Literacy/GED

SERVICES:

TANF Program, GED Classes, English as Second Language

ELIGIBILITY:

16 years of age or older

HOURS OF SERVICE:

8:00 a.m. – 9:00 p.m., Monday - Friday

APPLICATION PROCEDURE:

TANF (referred by Department of Family and Children Services), GED and ESL (walk-in)

FEES:

None

SOURCE OF FUNDS:

State

DECATUR/GRADY CHILD DEVELOPMENT CENTER SOUTHWEST GEORGIA COMMUNITY ACTION COUNCIL, INC.

P. O. Box 60 215 School Road Climax, GA 39834

Phone: (229) 246-6458 Fax: (229) 246-6484

PURPOSE:

To provide preschool services to children ages 3-5 years, regardless of race, creed, color, national origin, or disabling condition. To provide a complete educational, health, nutritional, and social services program for the child.

SERVICES:

Educational, health, dental, mental health, nutritional, social services, parent involvement, and disability services.

ELIGIBILITY:

The family applying must be within HHS income guidelines

HOURS OF SERVICE:

7:30 a.m. – 3:30 p.m., Monday – Friday, 9 months per year

APPLICATION PROCEDURE:

Obtain application from the Family Service Worker Office at the center

FEES:

None

SOURCE OF FUNDS:

Federal, State, and Local

SOUTHWEST GEORGIA COMMUNTIY ACTION COUNCIL, INC.

P. O. Box 3728 Moultrie, GA 31776-3728 Phone: (229) 985-3610 / 1-800-642-3384

PURPOSE:

Programs include Commodity Distribution, Emergency Services, Head Start and Early Head Start, Outreach and Referral, Senior Nutrition, Transportation, Summer Camp, Housing and Weatherization, Homeless/Food and Shelter Program.

SERVICES:

The following counties are served: Baker, Calhoun, Colquitt, Decatur, Dougherty, Early, Grady, Lee, Marion, Mitchell, Miller, Schley, Seminole, Sumter, Terrell, Thomas, Webster, and Worth.

ELIGIBILITY:

Based on individual requirements of each program

HOURS OF SERVICE:

8:00 a.m. – 5:00 p.m., Monday - Friday

APPLICATION PROCEDURE:

Proof of income and in some cases documentation of emergency

FEES:

None

SOURCE OF FUNDS:

Federal, State, and Local

GEORGIA DEPARTMENT OF LABOR

101 Martin Luther King Avenue Cairo, GA 39828 Phone: (229) 377-6526

PURPOSE:

To promote economic development through quality service to the current and emerging employers and workforce of Georgia.

SERVICES:

Employment services, unemployment insurance, and job training programs

ELIGIBILITY:

N/A

HOURS OF SERVICE:

8:00 a.m. – 4:30 p.m., Monday - Friday

APPLICATION PROCEDURE:

Come by the office

FEES:

None

SOURCE OF FUNDS:

FUTA

GRADY COUNTY CHILDREN & YOUTH COORDINATING COUNCIL

P.O. Box 449. Cairo, GA 39828 Phone: (229) 378-2562

PURPOSE:

Referrals

SERVICES:

Referrals for Pre-K and Kindergarten students, assist with operation of HELP Agency, and provide workshops and parenting classes.

ELIGIBILITY:

Must have a child in Pre-K

HOURS OF SERVICE:

7:30 a.m. – 4:00 p.m., Monday - Friday

APPLICATION PROCEDURE:

FNA-done when entering Pre-K

FEES:

None

SOURCE OF FUNDS:

Grant, Local

GIRLS SCOUTS OF HISTORIC GEORGIA

515 Pine Avenue Albany, GA 31701 Phone: (229) 432-9188/1-800-448-4762

PURPOSE:

To inspire girls with the highest ideals of character, conduct, patriotism and service that they may become happy and resourceful citizens.

SERVICES:

Members participated in service projects, team and individual sports, mentoring programs, career-oriented activities, international opportunities, outdoor camping experiences, and awards and recognition ceremonies.

ELIGIBILITY:

Girls between the ages of 5-17

HOURS OF SERVICE:

Various

APPLICATION PROCEDURE:

Contact the council

FEES:

Annual Membership dues are \$10.00

THE LEARNING CENTER

76 Hall Road Cairo, GA 39828

Phone: (229) 377-8546

LEARNING ADVENTURES, INC.

1216 20th Street, N.E. Cairo, GA 39828

Phone: (229) 377-2020

PARAMORE PRESCHOOL ACADEMY

1293 Second Avenue, S.W.

Cairo, GA 39828

Phone: (229) 377-9776

DOCTORS

MARK C. HUDSON, D.M.

1 Doctor's Park.

Cairo, GA 39828

Phone: (229) 378-8110

JAMES HESTER, M.D., P.A 1090 5th Street S.E.

PAUL STIENBERG, M.D.

Cairo, GA 39828

Phone: (229) 377-1100

PEDIATRIC CENTER, L.L.C.

980 4th St SE

Cairo, GA 39828

Phone: (229) 377-8560

STEPHEN FLOORE, M.D., P.C.

950 4th Street S.E.

Cairo, GA 39828

Phone: (229) 377-7661

ASHLEY REGISTER, M.D.

1178 5th St SE

Cairo, GA 39828

Phone: (229) 377-2002

ERIC LEHMANI

475 Hansell Street S.E.

Cairo, GA 39828

Phone: (229) 377-9025

LINDA WALDEN, M.D.

91 Martin Luther King Ave. N.W.

Cairo, GA 39828

Phone: (229) 377-0908

DENTISTS

THOMAS K. LEGGETT, JR., D.M.D.

718 North Broad Street

Cairo, GA 39828

Phone: (229) 377-4204

GARY ELMORE, D.M.D.

1490 North Broad St Cairo, GA 39828

Phone: (229) 377-9118

LUMIS BROWN, D.D.S.

240 South Broad St.

Cairo, GA 39828

Phone: (229) 377-6125

EASTSIDE ELEMENTARY SCHOOL

1201 20th Street N.E. Cairo, GA 39828

Phone: (229) 377-8441

SOUTHSIDE ELEMENTARY SCHOOL

491 3rd Street Cairo, GA 39828

Phone: (229) 377-3723

SHIVER SCHOOL

Highway 93 North Pelham, GA 31779

Phone: (229) 377-2325

SPECIAL EDUCATION – GRADY COUNTY

555 3rd Street S.E. Cairo, GA 31779

Phone: (229) 377-7396

NORTHSIDE ELEMENTARY SCHOOL

985 1st Street N.W. Cairo, GA 39828

Phone: (229) 377-2422

WHIGHAM ELEMENTARY SCHOOL

211 W. Broad Avenue Whigham, GA 39897 Phone: (229) 762-4167

WASHINGTON MIDDLE SCHOOL

1st Avenue S.W. Cairo, GA 39828

Phone: (229) 377-2106

CAIRO HIGH SCHOOL

455 5th Street Cairo, GA 39828

Phone: (229) 377-2222

EXISTING TRANSIT SERVICES

PRIVATE PROVIDERS

TRANSCARE

11 Industrial Blvd. Camilla, GA 31730

Medicaid Transportation Provider – 3 vans operating in Baker, Calhoun, Grady, Mitchell, and surrounding counties. (Not all of the vans operate in Grady County.)

TRANSPORTATION BY HUMAN SERVICE AGENCIES

Thomas-Grady County Mental Retardation Training Center

Transports clients to and from center 5 days per week. Annual ridership – 48,000; Vehicle Inventory – 4 vans/4 mini buses; Serves 5 counties.

Albany State College Child Development Program

Transports pre-scholars to center 5 days per week.

SOWEGA Council on Aging, Inc.

This is a 16b2 senior citizens transportation program. Operates on demand response and fixed route 5 days a week. Operates two 16-passengers van and one wheelchair van. 100 people are enrolled for transportation.

Grady County Department of Family and Children Services

Sets up medical transportation for clients through private individuals using their personal automobiles.

Georgia Industries for the Blind

Operates one 15-passenger van and one 14-passenger van. Provides transportation at a loss for its participants to and from work.

Southwest Georgia Community Action Council, Inc.

Senior Citizens transportation services for congregate meals and other necessary services. Transportation services for TANF recipients transitioning from Welfare to Work. (ie: training, and job search)