



Extension  
Institute on Human Development and Disability

## Mental Health Resources

County: **DOUGHERTY**

Albany Area Community Services Brd 1120 W Broad Ave c5 Albany, GA 31707 (229) 430-4005	Albany Area Mental Health Center 1501 O'Kelley Ln Albany, GA 31707 (229) 430-4345	AmericanWork 520 W Broad Ave Albany, GA 31701 (229) 639-0477
Aspire Behavioral Health 321 William Jr St Albany, GA 31707	Be EPIC Counseling Services 323 Pine Ave Ste 114 Albany, GA 31701 (229) 886-3694	Beckhom Behavioral Consulting 230 S Jackson St # 228 Albany, GA 31701 (229) 317-4728
BHG Albany Treatment Center 2607 Ledo Rd Albany, GA 31707 (229) 903-0022	Family Life Counseling Center 235 W Roosevelt Ave # 141 Albany, GA 31701 (229) 883-6766	Journey Counseling and Psychological Services 2339 Lake Park Dr Albany, GA 31707 (229) 255-3099
Kim Cleveland Therapy, LLC 1511 W 3rd Ave Albany, GA 31707 (229) 483-5050	Morningstar Children & Family 1713 Dawson Rd Albany, GA 31707 (229) 888-1182	Phoebe Behavioral Health 500 W 3rd Ave Ste 105 Albany, GA 31701 (229) 312-7001
Phoebe Health Center 417 W 3rd Ave Albany, GA 31701 (229) 312-7001	Tequilla Pittman 323 Pine Ave Ste 114 Albany, GA 31701 (229) 886-3694	The Sparrow Center 2402 Dawson Rd # 6 Albany, GA 31707 (229) 999-6804
Wetherald Behavioral Consulting, Inc. 2417 Westgate Dr Albany, GA 31707 (229) 461-5926		

*If you or someone else is experiencing a mental health crisis, call 988.*

The mental health resources provided on this list are for informational purposes only and are not intended to replace professional advice or treatment. It is important to note that every individual's mental health needs are unique and may require a personalized approach. While we have made every effort to ensure the accuracy and quality of the information provided, we do not endorse or guarantee any of the organizations or services listed. We strongly encourage individuals to conduct their own research and seek professional guidance before utilizing any of the resources on this list.



*Funding was made available through the Southern Ag Exchange Network (SAgE). The Southern Ag Exchange Network Is The Southern Region Effort Of The U.S. Department Of Agriculture's Farm And Ranch Stress Assistance Network (FRSAN), Which Is Made Up Of Four Regional Groups Charged With Addressing Heightened Stress And Elevated Suicide Rates In Rural Farming Communities.*

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